

## Important HSA Testing Almost Pau!

### Mid-Quarter Reports In Today's Tuesday Envelope

Every WMS student will receive his/her Mid-Quarter report today — it's a valuable tool to see how a student is doing. There is still time to work on grades, catch up on missing assignments, talk with our Counselor and Teachers, join our morning Hot Chocolate Club, after-school Homework Help+, or ELL tutoring for extra support as needed.

Families are asked to sign off to acknowledge receipt of this report and students are asked to return the envelope to their Advisory teacher. Questions? Please call Counselor Mary Martinson (887-6090 Ext. 252, or the school office (Ext. 222). **Mahalo.**

### Feb. 3-7: Math

**Just 4 more days (including today) in this round of HSA testing! Teachers and staff encourage each and every student to give it your all – we know you're prepared and we believe in you!**



James Beard Foundation Celebrity Chefs and Mauna Lani's exceptional culinary team recently spent the morning for a 3rd year in Mala'ai School Garden to inspire students to learn to prepare and enjoy fresh, delicious produce, to share culinary secrets and to talk with students about career possibilities. Each of these Chefs is a Master — don't be surprised to see them on national television regularly...which is why students were collecting their autographs on plates!

For lots more photos, 'Like' us on Facebook!

## Another Inspirational Guest—'Sammy' Sampaga Stops At WMS On Walk Around Island To Raise Awareness for MD



At 41, Daryl "Sammy" Sampaga is fighting muscular dystrophy, which is a progressive degenerative disease that affects his leg muscles. He honestly hasn't done much walking for some time. That is, until he decided to trek around the island for "Operation Walk for Dreams" — an idea he hatched to raise awareness and funds to purchase two canoes to take keiki with disabilities paddling in the waters off Hilo. Though Sammy currently takes keiki with disabilities paddling in borrowed canoes, he hopes to take the effort to the next level and also to work with regattas to possibly include a race for these kids. So he's walking around the island — and says "each toot (of the horn) makes me go 15 steps further!" Mahalo, "Sammy," both for doing this and for stopping at WMS to inspire us to dig deep and be all that we can be...despite personal challenges and circumstances!



# 2nd Quarter Academic Awards!



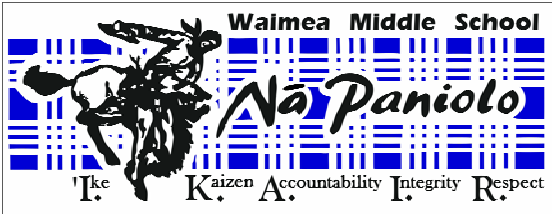
## Congratulations 7th Grade!





# 2nd Quarter Academic Awards! Congratulations 6th Grade!

Congratulations  
8th Grade!





## **School News & Community Events:**

**Register Today For K(Arts):** Starts Wed., Feb. 12 through Wed.I, April 30 after school and includes some exciting new experiences! Free and includes snacks and busing. See Auntie Bernie with questions!

**WMS 'Dough Raising Days':** Domino's Pizza in Parker Ranch Center will donate 25% of every sale generated by our school's families, faculty, staff and community friends, providing Domino's is asked to credit the sale to WMS. Please consider making it a pizza night for your family on the following dates — and be sure to mention our school when placing your order. Dates: **Wed., Feb. 5 - To benefit Yearbook!** **Mon., Feb. 10 - To benefit 6th Grade!**

**Please Return Form This Friday ONLY If You Do Not Want Your Child To Take Survey:** We hope all families will consent to let their child participate in Kamehameha Schools' annual student survey to be given soon during science class. This survey helps us understand how the lessons, activities, values, friendships and school climate is supporting student growth and achievement. However, if a family prefers that their child not participate, a form was sent home last week that must be returned by this **Fri., Feb. 7**. Questions? Please stop by or call the school office. **Mahalo!**

**WMS-P&R Track & Field Meet This Sat., Feb. 8:** Konawaena High School Track. Free and all invited to cheer for our dedicated, talented student athletes! Questions? Please see Coach Warren Tamaye or Coach Cherise Mundon.

**Need A Jacket Or Sweatshirt On These Cold Waimea Mornings?** Students may come to the office and choose something from our Lost and Found rack. There are dozens of sweatshirts, jackets and other student garments that no one has claimed. Please see Auntie Bernie.

**Hawai'i High School Rodeo:** 8 a.m. Sat.-Sun., Feb. 8-9, and continues the first weekend of every month thru May. Saturday is Keiki and Junior Divisions; Sunday is the high school division. All leading up to the State finals here at Paniolo Park. Free but donations welcome and there is a food concession to benefit the program which requires students to maintain a GPA as required for other athletics. Info: DeeDee Bertelmann (325-5937) or email: [paniolomau@aol.com](mailto:paniolomau@aol.com).

**Waimea Elementary Thrift Shop - 50-Cent Sale:** 8 a.m.-Noon, Sat., Feb. 8. Entire inventory except one rack and brand name aloha attire is just 50 cents!

**Free Help Available For Families In Need Of Health Insurance:** Among its many health-wellness services that the new **Kipuka o Ke Ola (aka KOKO health-wellness clinic)** is now offering is assistance as a certified **Hawai'i Health Connector** site providing free help to learn about and secure health insurance. KOKO is located upstairs in KTA's Waimea Center and is open to all residents of North Hawai'i with special emphasis on native Hawaiians. Led by **Dr. Kealoha**

**Beaudet and Dr. Franco Acquaro**, Assister services are being provided by **Brenda Case Resendiz**. Call 885-5900 for an appointment or go to: [www.kipukaokeola.com](http://www.kipukaokeola.com).

NOTE: KOKO will present a free workshop to help individuals or families apply for medical insurance from **10 a.m. to 2 p.m., Sat., Feb. 15 at Thelma Parker Memorial Library**. If this timing doesn't work for you or you have questions, call: 885-5900.

### **School Lunch Menus** (All Served With Fresh Local Milk)

**Wed., Feb. 5:** Breaded Pork Chop Patty w/ Whipped Potatoes, Baked Beans, Whole Wheat Roll and Apple Wedge.

**Thurs., Feb. 6:** Pastrami Sandwich w/ Corn Chowder, Green Salad, Whole Wheat Bun and Fruit Juice.

**Fri., Feb. 7:** Pepperoni Pizza w/ Garden Salad, Baby Carrots and Banana.

**Mon., Feb. 10:** Fish Nuggets w/ Hapa Rice, Carrots & Celery Stix, Raisin Roll and Orange Juice.

**Tues., Feb. 11:** Sloppy Joe w/ Sweet Potato Rounds, Spinach & Romaine Salad and Apple Wedge.

*All menus are posted on school website & Facebook.*

## **WOW! WORD-OF-THE-WEEK:**

### **Vis-u-al-ize**

<b><u>Definition:</u></b>	Form a mental image of.
<b><u>Part of Speech:</u></b>	Verb
<b><u>Root Word:</u></b>	Coming from the eye" - from Latin <i>visualis</i> of sight
<b><u>Synonym:</u></b>	Envision or picture
<b><u>Sentence:</u></b>	I can visualize the steps to solve the math problem.

*Research tells us that improving vocabulary is a "high yield strategy" for student success in reading comprehension. Therefore, WMS teachers agreed to spotlight a Word-Of-The-Week! (WOW!) throughout this school year. To learn more about WOW!, go to:*

*<https://sites.google.com/a/wmpccs.org/wow/>*