# The 'Ohana News



Recipient of a Full 6-Year WASC Accreditation!

2014-2020

"Waimea Middle School empowers all students with the skills, values and cultural understanding to successfully navigate high school and beyond."

January 27, 2015

www.WaimeaMiddleSchool.org



WMS Students & Families Are Invited To Talk-Story & Enjoy Dinner With Our 'Iron Mayor' Billy Kenoi 6-7 p.m., Tomorrow - Wednesday, Jan. 28 School Cafeteria—Free!

This is our 2nd Annual

#### 'Do Your Best. Best Your Best'

Family Night hosted by our Connecting For Success program!

#### RSVP if possible but not essential!

Mayor Kenoi will share a glimpse of what it was like to complete his first IRONMAN Triathlon this past October, and why persistence and hard work pay off! We also will thank the nearly 50 mentors who are meeting with students on a regular basis.

#### Important News & Notes:

Kamehameha Schools 'Ohana Survey: The deadline to return this survey was Monday, Jan. 26, but we'd still be very grateful to have it completed and returned to your student's Advisor or the school office! Mahalo!

Next Local Advisory Panel Meeting: Monday, Feb. 2, 4:30-6:30 p.m. Classroom K-04. The agenda will include celebrations of recent student-faculty achievements, continued discussion about the school's academic focus, and an update on the anticipated search for a new Principal for the 2015-'16 school year. All are invited.

Next 'Save First' Day: Wednesday, Feb. 4. 7:30 to 7:50 a.m. and again during 1st Recess outside of Mrs. Onaka's room. 6th and 7th grade students who make the required number of deposits (6) and also meet the minimum required \$30 deposit by May 6 earn a \$20 bonus! 8th grade students receive their ticket • Backstage Production w/ Paul Buckley, Kristin Lake. for Exit entirely free of charge. Both gifts are complements of Hawai'i First Federal Credit Union to encourage students to SAVE FIRST! Of course, every penny all students deposit into their own savings account is theirs to keep and either continue saving or to withdraw after the end of the year.

Questions? Please see Mrs. Onaka.





### K(Arts) Class Choices Expanded!

A 5th choice has been added to the Spring 2015 free afterschool offerings every Wednesday, Feb. 4 - April 22. If you want to change your class preferences, please see Auntie Bernie. If you need a new Application, stop by the office or download from the school website. Selections now include:

- Kahiko & Auana Hula w/ Leia Lawrence, Crystal West
- Mural Art w/ Keith Tallett, Cara McCann
- Singing w/ Hawane Rios
- Acting/Short Skit Commercials with Beth Dunnington & Iva Peele

#### Yearbook Still Available For Purchase

Please see Mrs. Onaka if you need the form to purchase a yearbook or for personalization. Cost for a Yearbook (without personalization) is \$30 through end of 3rd Quarter. It goes up to \$35 for 4th Quarter.















Photos Courtesy of Mrs. Havaiki Etherton

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## 9<sup>th</sup> Annual Ka Moku O Keawe Makahiki

Saturday, January 17, 2015



# Congratulations To These Outstanding Athletes!

#### 7-8 GRADE KANE:

Makaio Liftee (24) – uma, pa uma, hukikahi Zavier Ugalde (16) – ulu maika, kukini

Daniel Kukilakila Lincoln (10) – ulu maika,hukikahi Niko Alip (8) - pohaku Ahmed Spencer (6) – kukini

Hukihuki – 1<sup>st</sup> Place – Kukilakila Lincoln, Deighton Bell, Micah Canionero, Niko Alip, Makaio Liftee, Keenan Pahi'o.



**Keenan Pahio** (40) – pa uma, moa pahe'e, hukipapa, hukikahi

**Dutchie Ahana** (38) – uma, hakamoa, ulu maika, kukini, pohaku, hukipapa, hukikahi

#### 7-8 GRADE WAHINE:

Kahealani Etherton (20) – pa uma, konane Savannah Giltner (20) – uma, ulu maika, pohaku Janessa Tupe (14) – uma, pa uma Kassie Tarpley (10) - hukipapa Keahiwai Lindsey (8) - hukikahi Mehana Spencer Herring (8) – kukini

Hukihuki – 1<sup>st</sup> Place – Janessa Tupe, Kassie Tarpley, Kahealani Etherton, Keahiwai Lindsey, Savannah Giltner, Mehana Spencer Herring

#### **7-8 GRADE DECATHLETES**

**Mehana Spencer Herring** (18) – ulu maika, hukihuki pahu, hukikahi













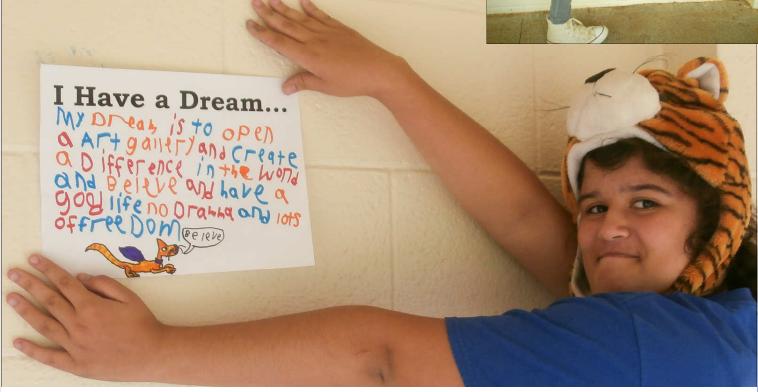


### Please Mark Your Calendar!

For the most recent news and events, go to: www.Facebook.com/WaimeaMiddleSchool

- Wed., Jan. 28 "Do Your Best, Be Your Best" Family Dinner & Talk-Story with Hawai'i County Mayor Billy Kenoi—6-7 p.m. Cafeteria. All families invited with their student Free and will include a delicious Kalua pig 'n cabbage dinner.
- Mon., Feb. 2 WMS Local Advisory Panel (LAP) Meeting 4:30-6:30 p.m. Classroom K-04. All invited.
- Wed., Feb. 4 11th K(Arts) After-School Performing Arts Classes Begin. See Auntie Bernie for application and information.
- Sat., Feb. 7 Parks & Rec Age Group Track & Field Meet All Day at Konawaena High School Field. See Coach Tamaye for info & transportation.
- PLEASE SAVE THIS DATE: Wed., Feb. 11 Mala'ai Garden Super Kitchen 5:30-7:30 p.m. Kahilu Town Hall. A very special gathering to commemorate the 20th anniversary of Waimea's Makali'i voyaging canoe. Dinner to feature 'Ai Pono foods being grown and prepared by WMS students for our community's wayfinders on the World Wide Voyage! Free and all invited!
- Mon., Feb. 16 Presidents' Day No School!
- Sat., Feb. 21 Parks & Rec Track & Field Exponent Meet All Day at Konawaena High School Field. See Coach Tamaye for info & transportation.
- Mon., Feb. 23 WMS Local Advisory Panel (LAP) Meeting 4:30-6:30 p.m. Classroom K-04. All invited.
- Mon.-Fri., March 16-20 Spring Break No School!





WMS students shared many dreams during the Fall K(Arts) Grand Finale as part of their Slam Photography class!

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Matilda Tompson

# We Thank These Generous Friends For Dedicating So Much Time & ♥ To Students, Families & Community

A DOUBLE MAHALO – first to Mrs. Vivienne Aronowitz, who has served as volunteer President of Mala'ai School Garden for the past 5 years, nurturing the organization into sustainability with the help and support of a wonderful volunteer board, dedicated staff and many community partners. Vivienne is stepping down at President but will remain on the board, using her network to continue to help fundraise and also advocate for healthier choices and better nutrition for our students, families and community. Taking on the Presidency of Mala'ai is a long-time WMS friend, Ms. Matilda Tompson, who our students and most teachers already know both because she was the organization's first Executive Director, securing the organization's 501(c)(3) tax exempt status, etc. and she has continued to be a devoted volunteer helping with garden classes, taking care of the flock of hens on weekends, watering over long holidays and summer,

Vivienne Aronowitz

etc. We warmly thank both Vivienne and Matilda for their extraordinary dedication to our students, families, faculty, staff, garden and community!

PICTURED LEFT with Matilda are spectacular heads of tatsoi, recently harvested from our Mala'ai garden, and — because it was Winter Break — they were given to the Food Pantry at Annunciation Church for community friends. Usually, Mala'ai teachers work with students to harvest, cook and enjoy the delicious bounty they have grown!

Tatsoi is very simple to prepare and oh so ono: Cut off the roots, rinse well and drain; Chop but not too small, stir fry quickly with a touch of olive or peanut oil, salt or shoyu, pepper and garlic, and serve warm!

#### **School Lunch Menus**

(All Served With Fresh Local Milk)

Tues., Jan. 27: Teri Chicken w/ Noodles & Eggroll, Tossed Salad & Orange Wedge.

Wed., Jan 28: Nachoes w/ Beef & Beans, Steamed Rice, Garden Salad, Fruit Juice and Whole Grain Corn Bread.

Thurs., Jan. 29: Asian Chicken on Shredded Cabbage, Hapa Rice, Vegetable Medley, Peaches & Whole Grain Roll.

Fri., Jan. 30: Deluxe Cheeseburger w/ Lettuce & Tomato on Whole Grain Bun, Potato Rounds & Apple Wedge.

Mon., Feb. 2: Chicken Patty on a Whole Grain Bun w/ Lettuce & Tomato, Oven Fries & Orange Wedge.

Tues., Feb. 3: Baked Spaghetti w/ Spinach & Romaine Salad, Pineapple & Whole Grain French Roll.

All menus are posted on our website & Facebook.

## January Spirit Week results

8th grade was rocking it last week - sweeping Spirit Week games with 1st Place finishes! Spirit points for the week ended with Grade 6 with 2 points, 7th with 1 point and 8th with 6 points. With 2 more months of Spirit activities, Grade 8 has taken a bigger lead with 45 Spirit Points, Grade 6 with 39 points and Grade 7 with 24 points.

Look for February's Spirit Week sign ups starting Monday, Feb. 2. Don't forget, too, that February is a Crazy Olympic month! Thanks to all the players and the supporters!

-- Cy Chong & Tori Lindsey - January Coordinators - Grade 8